

$$1. \int_{\theta=0}^{\theta=\pi} \int_{r=0}^{r=\sin\theta} r \, dr \, d\theta$$

$$= \int_{\theta=0}^{\theta=\pi} \left[ \frac{1}{2} r^2 \right]_{r=0}^{r=\sin\theta} d\theta$$

$$= \frac{1}{2} \int_{\theta=0}^{\theta=\pi} ((\sin\theta)^2 - 0^2) d\theta$$

$$\sin^2\theta = \frac{1 - \cos 2\theta}{2}$$

$$= \frac{1}{2} \int_{\theta=0}^{\theta=\pi} \sin^2\theta \, d\theta$$

$$= \frac{1}{2} \int_{\theta=0}^{\theta=\pi} \frac{1 - \cos 2\theta}{2} d\theta$$

$$= \frac{1}{2} \cdot \frac{1}{2} \int_{\theta=0}^{\theta=\pi} (1 - \cos 2\theta) d\theta$$

$$= \frac{1}{4} \left[ \int_{\theta=0}^{\theta=\pi} 1 d\theta - \int_{\theta=0}^{\theta=\pi} \cos 2\theta d\theta \right]$$

$u = 2\theta \quad du = 2 d\theta$

$$= \frac{1}{4} \left[ [\theta]_0^{\pi} - \frac{1}{2} \int_{\theta=0}^{\theta=\pi} \cos 2\theta \cdot 2 d\theta \right]$$

$$= \frac{1}{4} \left[ \pi - 0 - \frac{1}{2} \int_{\theta=0}^{\theta=\pi} \cos u \, du \right]$$

$$= \frac{1}{4} \left[ \pi - \frac{1}{2} [\sin u]_{\theta=0}^{\theta=\pi} \right]$$

$$= \frac{1}{4} \left[ \pi - \frac{1}{2} [\sin 2\theta]_{\theta=0}^{\theta=\pi} \right]$$

$$= \frac{1}{4} \left[ \pi - \frac{1}{2} [\sin 2\pi - \sin 2(0)] \right]$$

$$= \frac{1}{4} [\pi - \frac{1}{2} [0 - 0]]$$

$$= \frac{\pi}{4}$$